fLwKfiq3z2PN.jpg

The file **fLwKfiq3z2PN.jpg** you attached shows an email screenshot from **Mr. Health & Fitness** featuring *CagLar Jusn Singletary*. The image highlights that he's a **black belt in Kenpo martial arts** and an **avid bodybuilder**, currently listed as **1st in his group** for a contest where the winner is featured in *Muscle & Fitness* and wins **$20,000**.

Would you like me to help you craft a post or message to promote this contest entry (for example, a social media caption or supporter message)?

⁂

What are his ranks in this contest?

From the screenshots, he appears to have held at least two ranks in the contest so far:

- One screenshot shows him **unranked/"Currently ____"** in his group (no position filled in yet), which usually means the round has just started or standings haven't populated.
- The other screenshot shows him **"Currently 1st" in their group**, indicating that at that moment he was leading his group.

I do not have live access to the contest site, so I can't see his **current** standing beyond what's visible in these images.

⁂

What are the ranks in the screenshots

?

In the two screenshots:

- In the first one, the line under “Currently” is blank, so there is **no rank shown yet**.
- In the second one, it reads **“Currently 1st”**, so he is shown as **in 1st place in his group** in that shot.

⁂

1. Screenshot_20260126-210805.jpg
2. fLwKfiq3z2PN.jpg
3. fLwKfiq3z2PN.jpg
4. https://ttuhsc.libguides.com/c.php?g=802486&p=8818599
5. Screenshot_20260126-210805.jpg
6. https://www.facebook.com/sportclimbing/posts/ifsc-youth-world-championships-guiyang-2024-u20-lead-medallistsmen-sugimoto-yusu/924439129719401/
7. https://www.facebook.com/badr84hari/posts/being-ambassador-of-mb-nutrition-i-want-to-offer-my-fans-a-special-gift-in-view-/388194089331686/
8. https://www.tiktok.com/@drichtv1/video/7583016198338661663
9. https://www.tiktok.com/@tylerpath/video/7257322891182705962?lang=en
10. https://www.tiktok.com/@nattybui/video/7537759567376092422?lang=nb
11. https://www.tiktok.com/@scientificsnitch/video/7558120198075665695
12. https://www.tiktok.com/@skysports/video/7508757606496767254
13. fLwKfiq3z2PN.jpg
14. https://www.facebook.com/groups/238620256823178/posts/1922672945084559/
15. https://www.britannica.com/topic/Mr-Olympia
16. https://www.instagram.com/p/DT-4QwGFQo2/

17. Screenshot_20260126-210805.jpg

18. https://www.reddit.com/r/bodybuilding/comments/dt4oc3/a_bodybuilding_fans_detailed_ranking_of_every_mr/

19. https://www.youtube.com/watch?v=Se4VcHl2C4o

20. https://www.youtube.com/watch?v=UCEw1PIjK3o

21. https://mrhealthandfit.com

22. https://www.youtube.com/watch?v=-S44st4FaXI

23. https://www.predatornutrition.com/en-US/articlesdetail

24. https://www.muscleandfitness.com/flexonline/ifbb/9-strongest-bodybuilders-all-time/